



# QUARTERLY REPORT

## July - September 2018

### Special Youth Services Launched

This year, Portage Health Foundation awarded Dial Help funds to create a Youth One-Stop. The program was launched this summer, serving the four county area.



“The goal of the Youth One-Stop is to ensure that all youth in need of mental health services receive them,” said Rebecca Crane, Executive Director. “We decided the buck stops here—if a youth is linked with our agency, we will get them help.”

PHF's funding allowed Dial Help to hire a full-time social worker who will meet with youth in school, provide case management, and offer counseling to those who cannot access it through any other means. The program also offers family support services without Child Protective Services eligibility required.

“Our #RiseTogether challenge which was held last October cemented the Portage Health Foundation's commitment to meet the increasing mental and behavioral health needs of our youth,” said Kevin Store, Portage Health Foundation Executive Director. “The funding support we have provided Dial Help to expand its youth services programming is directly related to that promise; that we would not be a community that turned away from what your children are experiencing and most importantly what they had to say that day.”

**“I'm glad I called, I was so scared...but now I know that I'm really helping him through this.”**

- Dial Help Crisis Line Client, who called for help for a loved one

#### FUNDING PARTNERS

97th District Court • Aspirus Keweenaw & Ontonagon Hospitals • Blue Cross Blue Shield MI  
Blue Cross Blue Shield of MI Foundation • City of Houghton • Copper Country United Way  
US Food & Drug Administration • Kenneth Ryan Clark Memorial Fund  
Keweenaw Community Foundation • MI Dept. of Health and Human Services  
MI Sheriff's Association • National Suicide Prevention Lifeline • NorthCare Network  
Portage Health Foundation • Rotary Club • Superior Health Foundation  
United Way of Dickinson County • United Way of Marquette  
UP Health Systems Marquette & Portage • Walmart Foundation

# Supporter Spotlight

**FRED GAFF**  
**FORMER BOARD MEMBER &**  
**LONG-TERM DONOR**

“I support Dial Help because, simply put, Dial Help saves lives.”

This quarter, **12** volunteers provided **639** service hours.  
**Thank you volunteers!**



## UP Coalition Network

We're proud to be a part of this UP-wide prevention effort to create healthier communities for our kids & teens!

Get involved in your county:

[www.UPprevention.org](http://www.UPprevention.org)

## New Collaborations

A big source of excitement this quarter is new partnerships, and strengthening collaborations with existing partners.

Dial Help and MDHHS will be developing a Child Advocacy Center (CAC) to provide services to youth who have experienced sexual or physical abuse. This will create accessible, trauma-informed services locally and eliminate the need to travel downstate.

Dial Help is working with the FDA and MDHHS on a statewide initiative to prevent tobacco from being sold to minors.

Dial Help, MI Rural EMS Network, Great Lakes Recovery Centers, and NorthCare Network were awarded an HRSA grant to develop a regional UP strategic plan to address the opioid crisis, among other initiatives.

Dial Help and NorthCare were awarded a grant from Superior Health Foundation to address Substance Use Disorder UP-wide. This is the second year of funding for this collaborative project, which includes options for both prevention and intervention for SUD.

## Giving Tuesday: Nov 27



<http://phfgive.org/giving-tuesday.php>

## Double your giving!

Donations will be matched by PHF

# Community Impact

## CRISIS UNIT

24/7 Crisis Line • Safety Net Program  
Mobile & Juvenile Justice Response Teams  
Emergency Department Suicide Assessments

**2,282**

**CRISIS  
CONTACTS**

## PREVENTION & EDUCATION

Youth-Focused Prevention • Alcohol Highway Safety  
Anger Management • Community Crisis Intervention  
ASIST • Nonviolent Relationship Problem-Solving

**282**

**INDIVIDUALS  
SERVED**

## OTHER SERVICES

Family Support Services  
Substance Use Disorder Services  
Victim Services

**79**

**INDIVIDUALS  
& FAMILIES  
SERVED**

## Board of Directors and Staff

### Board President

Tommy Gilpin, MEd

### Vice President

Lt. Nick Roberts

### Secretary

Mary Heckel, MSW

### Treasurer

Eli Karttunen, MSF

### Members

Keith Meyers, BA

### Executive Director

Rebecca Crane, MS

### Finance Manager

Darrin Beiring, BSBA, EA

### Clinical Supervisor

Brian Rendel, MA, LPC, LLP

### Sustainability Coordinator

Ginny Machiela, BS

### Executive Assistant

Heidi Paoli, AA

### IT Specialist

Cody Adkins

### Crisis Unit Manager

Mike Gaunt, PhD

### Behavioral Health & Community Education

Sue Kauppi, BS

Nicolas McCarty

Mary Gaddis

Eric DeMink, BS

Laura Cooley, LLPC

Nanci Klein, RN

Mindy Lantz, RN

Mandy Daniels, BA

Scott Longrie

Natalie Morgan, LSW

### Prevention Services

Kevin Weir, CPS

Jeanette Dorh, MS

Jenna Dahlstrom, BS

Mary LeDoux, AS, BS

Chris Schuldt, BS

Amy Baker, BS

Gail Ploe, BA

### Victim Services

Krissy Putz, MS

Virginia Lambert, MS

Kelly Engle, RN

Heidi Hietala, RN

Gayle Maslakow, RN

# How Can You Help?

## DONATE FUNDS



Visit: [dialhelp.org/getting-involved/donate](http://dialhelp.org/getting-involved/donate)

**Check:** Send a check or money order payable to Dial Help to the address below

**Cash:** Accepted at Dial Help's offices

**Direct Withdrawal:** Set up a recurring direct withdrawal from your bank account

**Estate Planning:** Consider a legacy donation to Dial Help in your name

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Dial Help is a 501(c)(3) non-profit

**Any donations you make are tax deductible!**



Select Dial Help as your charity of choice on [www.smile.amazon.com](http://www.smile.amazon.com) and Amazon will donate 0.5% of your purchase.

## VOLUNTEER AT DIAL HELP

Call 482-9077 or email [dial.help@dialhelp.org](mailto:dial.help@dialhelp.org) for opportunities with the crisis line, victim services, internships, and more!

## DONATE GOODS OR SERVICES

Professional maintenance or cleaning services are always appreciated!

**You can view our Amazon wish list at:**  
[www.DialHelp.org/getting-involved/donate](http://www.DialHelp.org/getting-involved/donate)

## 24/7 CRISIS LINE

UP-wide phone, text, chat, & walk-in

## SAFETY NET PROGRAM

UP-wide follow-up support

## MOBILE RESPONSE TEAM

Face-to-face crisis intervention

## YOUTH ONE STOP

Support for youth in crisis

## PREVENTION FOR YOUTH

In-school programming & Communities That Care (CTC)

## FAMILY SUPPORT SERVICES

Working in-home with at-risk families to prevent child abuse and neglect

## VICTIM SERVICES TEAM

Free counseling, advocacy, court accompaniment, and 24-hour emergency response to victims

## SUBSTANCE USE SERVICES

Assessments & outpatient counseling

## EMERGENCY DEPARTMENT

## SUICIDE ASSESSMENTS

At UP Health Systems Portage

## COMMUNITY EDUCATION

Alcohol Highway Safety, Nonviolent Relationship Problem-Solving, Anger Management, and more

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**Dial Help** • 609 Shelden Avenue, Houghton MI 49931

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