



Dial Help Community Support and Outreach Center

W I N T E R 2 0 1 0 / 1 1

Improvements, Accreditation & Expanded Counseling

Building Front Improvement Funds Urgently Needed

Effort to raise \$12,000 underway

Dial Help Community Support and Outreach Center has a great central location in downtown Houghton—easily accessible for those in need. However, as mentioned in our summer newsletter, our building's front and windows are in great need of renovation due to deterioration and vandalism. Not only does this affect utility costs that could be used for programs, but also the look of downtown Houghton because it's an eyesore for those walking or driving by, nearby businesses, and visitors and tourists to the area.

Thankfully, Dial Help has been approved as one of four buildings to receive grant funding, in collaboration with the City of Houghton, for renovations. U.P. Engineers and Architects are assisting with a design to create an attractive exterior for the building.

A **Capital Campaign** is underway, as Dial Help will need to provide a 25% cash match a.s.a.p., **\$12,000** for the *MI Economic Development Corporation Building Renovation Grant*. Contributions can be made in one of the ways described on page 3. We look forward to being part of the attractive historic look of the downtown.

OPEN HOUSE when work is finished!

National Accreditation Received

Contact USA recently awarded a five year accreditation to Dial Help's Crisis Intervention Program, including services the crisis line and walk-in services. Contact USA is a national accreditation program and is one of the only programs in the country devoted to establishing and maintaining standards of service at crisis lines, warm lines and reassurance calling programs. Dial Help is currently the only crisis center in Michigan to hold such an accreditation.

The benefits of accreditation are both in ensuring callers are receiving the highest quality service and that staff, volunteers and interns are receiving a nationally accredited training program.

The core of volunteers serving the agency continues to grow and includes both students and community members. The addition of Instant Messaging, which can be accessed at the website www.dialhelp.org provides, another option for persons seeking support who might be more comfortable on the computer than over the telephone.



Counseling Services

Options for counseling, especially low cost counseling, in the Copper Country have become quite restricted in recent years and months. Responding to meet that need in the community is a goal for Dial Help Community Support and Outreach Center. The counseling program is overseen by Katherine Cocciarelli, licensed professional counselor. Katherine also provides individuals, couples and substance abuse counseling. Ed Stephens, certified substance abuse counselor provides individual substance abuse counseling. Intern, Donald Mattson, PhD Candidate (MI limited counseling license pending) serves as a volunteer with the Victim Service Program and is able to work with a broad variety of clients including children, utilizing his skills in supportive play.

Continued page 2

Our Funding Partners:

- Western Upper Peninsula Substance Abuse Services Coordinating Agency
- MI Dept. of Community Health
- MI Dept. of Human Services
- Michigan Crime Victim Services Commission
- Copper Country United Way
- United Way of Dickinson County
- National Suicide Prevention Lifeline 1-800-Suicide/1-800-273-Talk
- Keweenaw Community Foundation
- Superior Child Abuse Prevention Council
- Civic Clubs
- Friends of Dial Help Like You

Highlights of the Annual Report

Please see the inserted page of graphic data from Dial Help Community Support and Outreach Center's annual report. The full report is available at www.dialhelp.org.

Sue Kauppi Named SCAP "Individual of the Year"

Sue Kauppi, Assistant Director and Prevention Services Coordinator at Dial Help is being recognized by the Superior Child Abuse Prevention Council, a local chapter of Michigan Children's Trust Fund as its *Partner in Prevention Individual of the Year*. Sue's work extends from the classroom to youth groups to families in their own homes.

Sue has applied her skills as a classroom educator in substance abuse prevention curriculums which teachers have found so valuable that the demand has outstretched the resources. Sue also facilitates Discovery Groups in four schools where she has developed a rapport with dozens of youth whom she has mentored throughout their middle school years. One school district has kept the groups together into high school, having seen the success the students have achieved. Sue's pride in "her kids" when they decide to take on a community service project or when they show compassion to one another, reflects the special role she plays with them.

Families also benefit when Sue provides home based services. Working with parents, she helps stabilize family communications, facilitate interaction with other community services and with schools. She works with parents to establish appropriate expectations along with doing other very basic chores to help create nurturing homes. We are very proud to have Sue as a Dial Help staff member.

Counseling

Continued from pg 1

Victims of crime are eligible for one-on-one support with Victim Services Coordinator, Becky Panasiewicz and Angel Kenneally, Sexual Assault Services Coordinator. Rebecca, executive director, has a mental health masters degree (MI limited counseling license pending) and provides individual support services to victims. Last year, 73 people received services in the combined programs. Expanded services are planned as individual licenses are awarded.

Services are free to victims. There is a sliding fee schedule for other counseling. Anyone interested in counseling options may call Dial Help.

FY 09-10 Income and Expense Report

figures are subject to audit. Post audit #s at www.dialhelp.org when available

Revenues:

Grants and Contracts \$374,990
 Volunteers/In-kind \$41,734
 Contributions \$17,445
 Fees/Other \$12,909
 Fundraising \$5064
Total: \$452,142

Expenses:

Salaries and Wages: \$262,467
 Program/Operating: \$60,013
 Benefits: \$56,914
 Volunteer/In-kind \$ 41,734
 Building Expenses: \$ 21,192
 Travel: \$15,526
Total: \$457,846

Staff and Board

Board Chairperson:

Tommy Gilpin

Vice Chairperson:

Terry Sayatovich

Secretary:

Mary Heckel

Treasurer:

Valorie Troesch

Directors:

Chris Alquist

John Donnelly

Don Williams

Fred Gaff

Staff:

Executive Director :

Rebecca Crane

Staff:

Assistant Director:

Sue Kauppi

Clinical Supervisor:

Katherine Cocciarelli

Individual, couples and families Counselor:

Katherine Cocciarelli

Substance Abuse Counselors:

Ed Stephens

Katherine Cocciarelli

Community Education:

Kevin Weir

Rhys Edwards

Mark Panasiewicz –intern

Prevention Services:

Sue Kauppi

Barry Fink
 Rhys Edwards

Sexual Violence :

Prevention:

Rhys Edwards

Victim Services:

An-gel Kenneally

Becky Panasiewicz

Donald Mattson

Rebecca Crane

Information Manager:

Kevin Weir

Finance Manager:

Katherine Cocciarelli

Another Success Story!!

Community partnerships are vital in the development of violence prevention strategies. Dial Help is aware that by involving multiple partners and interventions, comprehensive community approaches can reach more people than education alone. On Michigan Tech's campus, students responded to the work Dial Help's Rhys Edwards has been doing by deciding to create their own group to encourage people in the campus community to stand up and take a stand against sexual violence. It is great that the group is now its own as an MTU funded organization and has its own bylaws. They will be able to go out into the community to local schools and present their message and stop sexual violence perpetration before it begins.

The students have given their group the name S.A.V.E. (Sexual Aggression Violence Education). In its short time at MTU, the group has presented to new freshmen during orientation, the Inter-Fraternity Greek Council, and received media attention and a large turnout for their work for National RAINN Day.



Sexual Violence Prevention at MTU—Banner at Event

Volunteering at Dial Help

Interested in lending a compassionate ear?
Helping someone in need?
Helping an agency that supports the community?

Call An-gel at 482-9077 to
discuss our many volunteer opportunities

Dial Help's annual fundraiser is "Big Truck Day"
See photos from the Summer 2010 event at
billfink.smugmug.com/Events/Dial-Helps-Big-Truck-Day-2010

Family fun!



Support Dial Help!

- ◆ **Make a Donation —**
 - ⇒ Use the link to *PayPal* on the "Make A Difference" section of www.dialhelp.org to make a safe, secure on-line donation
 - ⇒ Or send a check payable to Dial Help, Inc.
609 Shelden Ave.
Houghton, MI 49931
 - ⇒ Or stop in, as mentioned in the Capital Campaign article, page 1.

You can also.....

- ◆ Donate to the Dial Help Endowment at Keweenaw Community Foundation
- ◆ Shop at your favorite online stores while supporting Dial Help - Find out how at www.iGive.com
- ◆ Donate old cell phones at the Dial Help office

Dial Help is a 501(c) (3) charitable agency for tax deductible giving

Our Wish List

- ◆ Exterior Front windows/façade beautification—*donate to our cash match for the capital campaign grant— page 1.*
- ◆ Linoleum floor tiles have been generously donated by Kirkish for our kitchen. We need a handy volunteer to help put them in.
- ◆ Carpet cleaning service
- ◆ New flooring in outer entry
- ◆ Office supplies
- ◆ Gift cards for household items for families in need
- ◆ Houghton City trash bags

Phone: 906-482-9077
Fax: 906-482-2502
E-mail: director@dialhelp.org
24 hour VSU phone: 866-661-5589
Visit us @ www.dialhelp.org



Dial Help, Inc.
609 Shelden Avenue,
Houghton, MI 49931

Dial Help is your resource for
Crisis Intervention * Education * Victim Services * Prevention * Counseling
482- HELP(4357); 24 hour Victim Service Unit line 1-866-661-5589

www.dialhelp.org

Helpline: (906) 482-HELP Toll-free: (800) 562-7622 Victim Services: (866) 661-5589

A collage of six small images. From left to right: a woman sitting on a bench, a woman talking on a mobile phone, a woman holding a baby, a man and a young child, a man with his hand to his face, and a person on a boat.

Dial Help Community Support & Outreach Center

40th Anniversary

Planning is underway by the board of directors for a festive event to mark Dial Help's 40th year in 2011.
Watch for details in the new year.